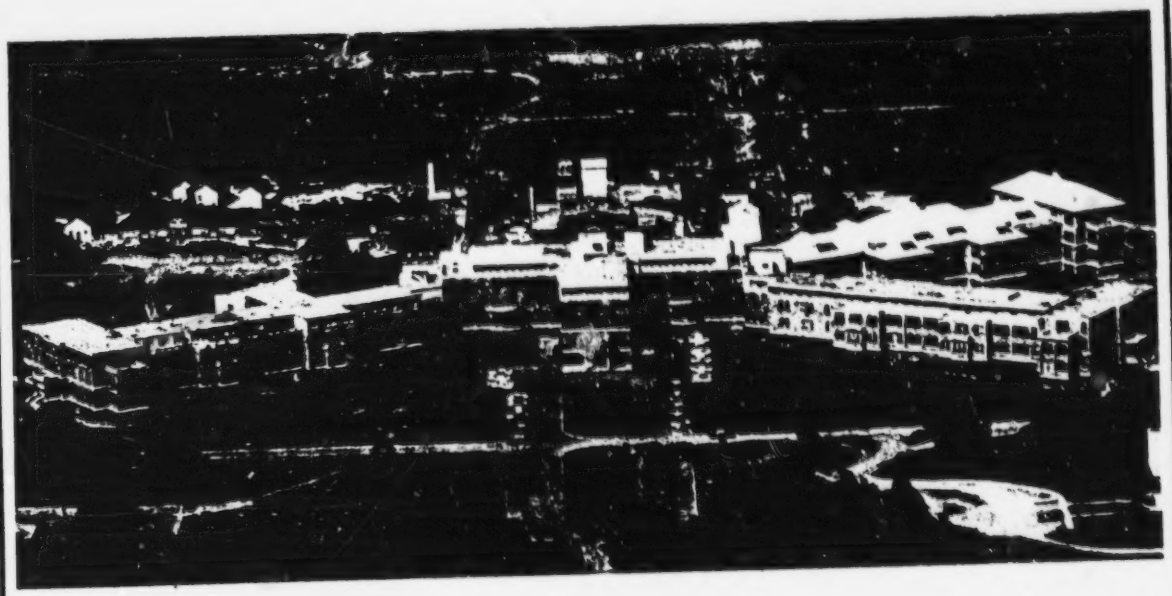
1985-86
Annual Report

SOURIS VALLEY REGIONAL CARE CENTRE

"Helping You Stay Healthy"



The Health Service We Provide

Souris Valley Regional Care Centre operates as a Level IV care facility with a budgeted bed capacity of 300. The Centre provides long term supportive and restorative care for persons of all ages who do not require acute hospital care and treatment, but do require regular and continuous medical attention and nursing care on a 24 hour basis. Supplementing medical and nursing care are inputs from the Therapy and Social Work Departments.

Souris Valley Regional Care Centre is the regional referral centre for the Weyburn Estevan Health Region and does the screening for all Level IV admissions in the region.

SOURIS VALLEY REGIONAL CARE CENTRE

Box 2001
Weyburn, Sask.
S4H 2L7

June 1986

Honourable Mr. Graham Taylor,
Minister of Health,
3475 Albert Street
T.C. Douglas Building
REGINA, Saskatchewan
S4S 6X6

Dear Mr. Taylor:

It is my pleasure to present to you, the Annual Report of the Souris Valley Regional Care Centre.

This report covers the period April 1, 1985 to March 31, 1986.

Respectfully submitted,

Mildred Lang

Mrs. Mildred Lang,
Chairman of the Board,
Souris Valley Regional Care Centre.

Members of the Governing Board 1985-86

Mrs. M. Lang
Chairman
Stoughton

Mrs. B. Nixon
Weyburn

Mr. O. Storlie
Lampman

Mr. L. Bell
Carlyle

Mr. J. Pick
Macoun

Mr. B. McCallion
Executive Director

Mrs. B. Bakken
Weyburn

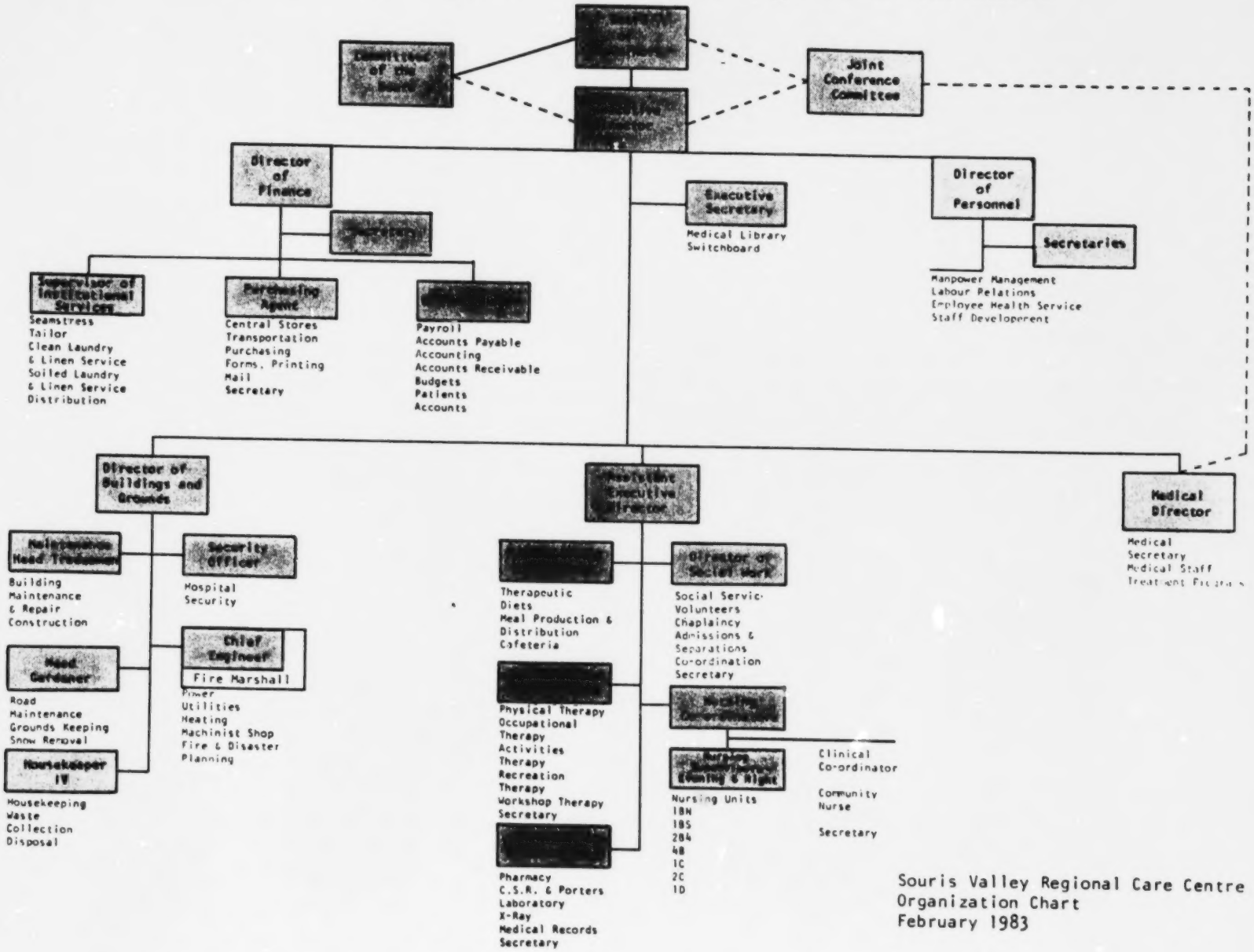
Picture Missing: Mr. D. Peterson,
Vice Chairman, Yellow Grass

EXECUTIVE COMMITTEE:

Mrs. M. Lang
Mrs. B. Nixon
Mr. D. Peterson
Mr. B. McCallion

Mr. G. Shepherd
Alameda

Souris Valley Regional Care Centre Organizational Chart



Souris Valley Regional Care Centre
Organization Chart
February 1983

Medical Department:

The Medical Department is staffed by two full-time physicians. We are fortunate to have Dr. Isa Dura Paderanga-Abao working at the Centre since November 1985. She brings with her a varied and extensive experience of working in long term care facilities.

There is increased activity at the Day Hospital as there are now about 15 elderly or disabled patients who attend weekly for various therapy and nursing programs.

The medical staff presented a poster session on "The Use of Subcutaneous Fluid Drip in Geriatric Care" in November 1985 at the Canadian Association on Gerontology Annual Scientific and Educational Meeting in Hamilton, Ontario. This presentation was well received especially by long term care staff. We have used this technique successfully at Souris Valley Regional Care Centre for over eight years in some acutely ill elderly patients as an alternative to intravenous fluid drip.

An excellent relationship has been formulated and maintained with local physicians to provide relief coverage as well as consultive advice. In addition to the Weyburn physicians, a number of specialists ranging from dental to podiatrics make frequent visits to the Centre.

Therapies Department:

General statistics in the Therapy Department increased substantially during the year. In particular, statistics, relevant to Day Services tripled in most areas with total hours escalating from 580 in 1984-85 to almost 2,000 in 1985-86.

Other happenings in the Department in 1985-86 were:

— Monies injected into the patients' comforts fund from the production of the Workshop and Canteen totalled $12,064.86.
— A Physical Therapy Supervisor was added to the department staff.
— An additional Therapy Aide joined the Occupational Therapy staff.
— Day Services entered a working relationship with the newly formed District Coordinating Council.

B.J. McCallion — Executive Director

As a result of the review of the Centre's Mission Statement in 1985, an extensive review and clarification of our relationships with other Health-Care Agencies has taken place.

This has been a very positive process and has led to the development and implementation of a District Coordinating Committee. It has also led to the setting up of the Weyburn and Area Health Agencies Planning Council. This Council will look at long range planning needs for the Region.

Internally we have constructed a new patio deck for patients on 1B unit. Plans are being developed for a therapeutic park for patients. An Identification System for all staff was implemented and preparations are continuing for our re-survey by the Canadian Council on Hospital Accreditation. The main feature of these preparations is the implementation of the Centre-wide Quality Assurance Program.

We are confident that we will retain our Three Year Accreditation Status, thereby continuing to demonstrate the quality of care we provide to the community we serve.

Nursing Department:

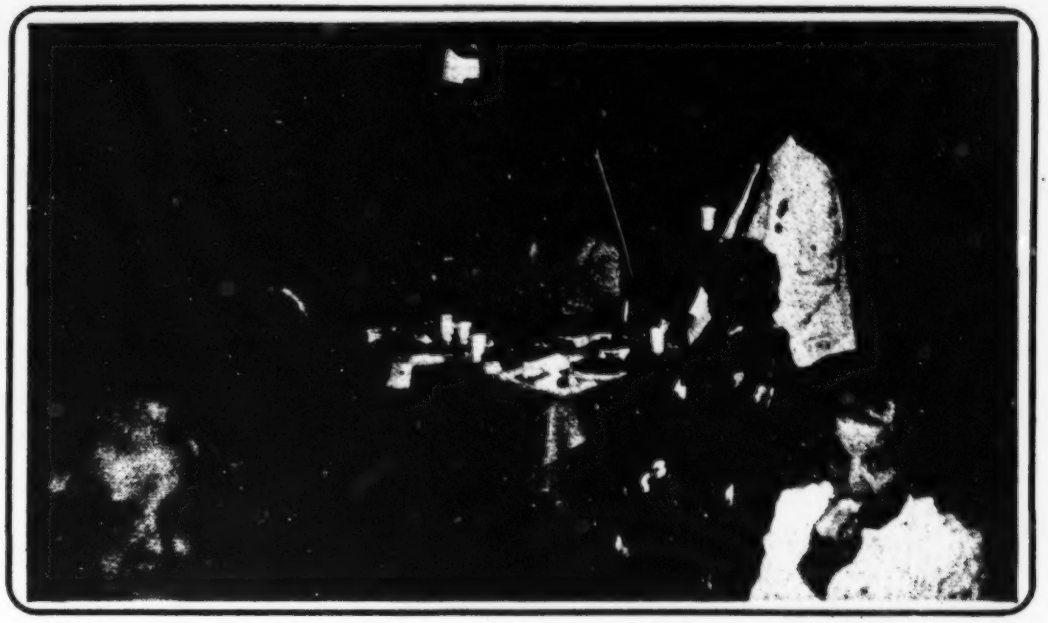
The Nursing Department is committed to the mission of providing skilled nursing care to a population of inpatients and outpatients with a variety of chronic disorders who require assessment, rehabilitative, restorative, supportive, supervisory and palliative care.

As the principle care giving service, the Nursing Department cooperates with all other disciplines and services in the Centre to provide an environment which is safe, secure, therapeutic and yet, reasonably homelike.

To help achieve these objectives some notable renovations, changes and upgrading of our facility has taken place:

— continuing with installation of privacy drapes and widening of doorways.
— a large sundeck was constructed adjoining 1BS Unit.
— installation of air conditioning unit on 1C and 1BS Units.
— construction and renovation of, an enlarged dayroom, nursing office and nursing station on D Unit.
— Manrex Unit Dosage medication system is now in place on all units.
— new bath and lift unit installed on 1C Unit. This allows patients (who cannot use Century Bath) regular tub baths without risk of injury to staff.
— 15% of our patient population is now fed by tube. This results in an increase in demand of professional nurse time to carry out this function.
— a number of our patients celebrated their, 100 years or over, birthday during the year.
— to ensure all staff are provided with the knowledge and job skills necessary to carry out their duties, a structured orientation program, an ongoing in-service education as well as attendance at approved workshops and seminars are made available.

The Special Care Aide Program has matured to the point we now have 18 graduates of the program and a current enrollment of 35 Aides.

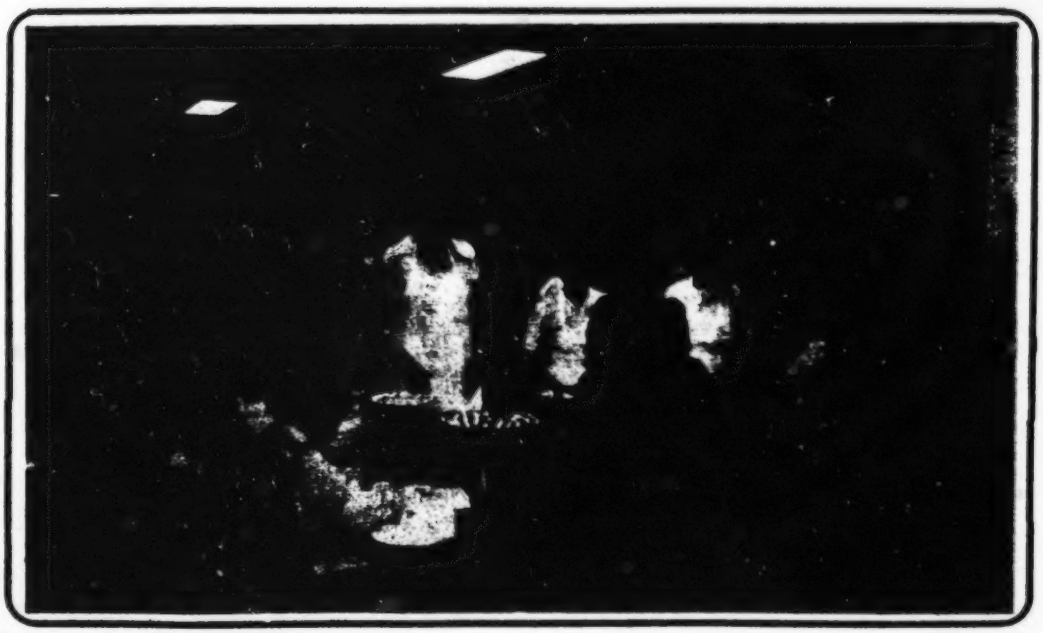


Dietary Department:

The 1985-86 year saw a continuation of our efforts to become more cost efficient combined with work on our departmental Quality Assurance Program to ensure the quality of service to our patients is maintained and in some ways improved.

During the last year 326,847 meals were served to our patients; 22,353 meals served to the Weyburn Psychiatric Centre patients and 195 meals served to those attending the Day Hosptial.

Provision of food for special functions continued to be a part of our daily routine.



Health Care Statistics

	1985-86	1984-85	1983-84
Admissions:			
New Admissions	56	72	68
Readmissions	11	10	6
Total Admissions	67	82	74
Separations:			
Discharges	22	21	21
Deaths	34	48	35
Total Separations	56	69	56
Patients on Register April 1st	297	299	294
Total Admissions	67	82	74
	364	381	368
Total Separations	56	69	56
	308	312	312
Patients Discharged to Active Treatment Hospitals	79	104	104
	229	208	208
Patients Readmitted from Active Treatment Hospitals	69	89	91
Patients on Register March 31st	298	297	299
Levels of Care at March 31st: 4A	149	142	142
4B	129	131	133
4C	20	24	24
Total	298	297	299
Waiting List at March 31st	23	14	16
Total Patient Days	108,949	107,351	108,163
Average Daily Census	298.49	294.13	295.53
Average Length of Stay	630	567	418
Total Days of Stay	35,293	39,140	23,427
Occupancy Rate	99%	99%	98.51%

Social Work Department:

In addition to the primary role of processing admissions and discharge application which involves assessments, social histories and counselling services, the Department also meets the needs of the patients both materially and spiritually. Meeting these needs involves the efforts of the Social Workers, Personal Service Workers and the Coordinator of Volunteer Services.

This past year saw 140 applications processed by the Social Workers while the Personal Service Workers purchased 1,894 items at a cost of $27,516 and the Coordinator of Volunteer Services organized a total of 9,365 hours of volunteer work.

Pharmacy Department:

The functions of the Pharmacy Department include the preparation and distribution of all medications used at the Souris Valley Regional Care Centre, the Weyburn Psychiatric Centre and its satellite clinics throughout southeastern Saskatchewan. In all, a total of 18,322 prescriptions were filled.

The operation of Medical Records, Central Supply Room, X-Ray, Laboratory and Porters complete the ancillary Pharmacy Services of the Centre.

This year the X-Ray facilities were upgraded by the acquisition of a Picker Machine. In the coming year, we anticipate the relocation of Pharmacy with a subsequent improvement in services.

Finance Department:

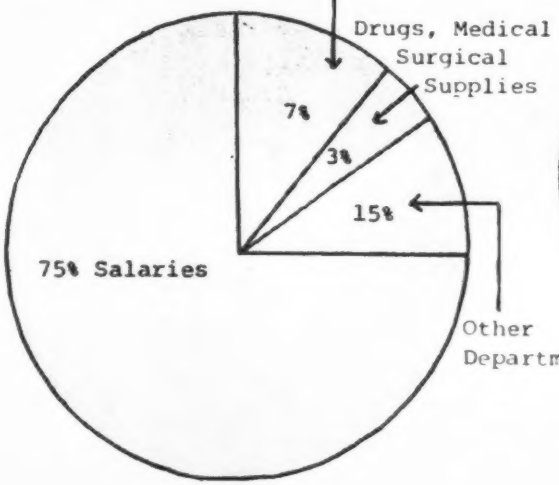
Each passing year seems to provide the Finance Department with new and challenging changes and the past year was no exception.

With the retirement of an employee, the workload has been spread amongst existing staff, making everyone much busier.

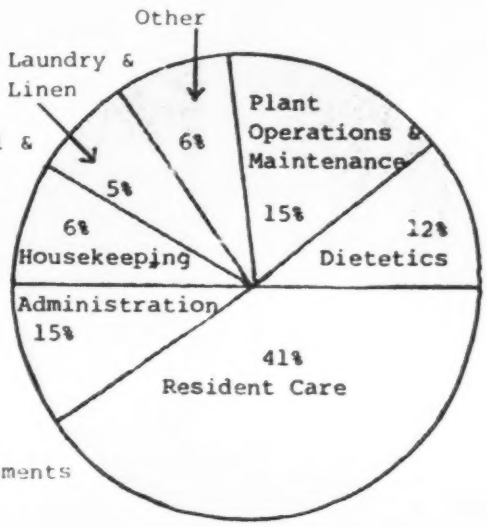
Computerization continues to go well, with further software and hardware enhancements contemplated for the future.

In our fiscal year, April 1, 1985 to March 31, 1986, our approved budget amounted to 12.9 million dollars. The following is a general breakdown of expenditures for the year:

By Expense:



By Department:



Personnel Department:

This past year resulted in the implementation of a Centre wide Annual Performance Appraisal System which was the culmination of several years of planning. The purpose of the Performance Appraisal is to assist in the development of the employee and provides the opportunity to build on the strengths of the employee; identify weaknesses and recommend corrective action; establish and maintain open and honest communication essential to positive employee relationships.

Staffing remained normal with little or no problem in recruiting. A noticeable reduction in the turnover rate was apparent in 1985.

In-Service Education concentrated on the promotion of health as it affects the employee. One major achievement was the implementation of a "Save Your Back" program with the goal of having all employees partaking in body mechanics and lifting and transferring techniques.

Overall the 1985-86 year saw 50 inservices held involving 767 staff while 135 took the opportunity to attend outside sponsored workshops and courses.

The complement of authorized permanent positions in the Centre numbered 360.4 at March 31, 1986. The respective categories are:

Department	**Positions**
Nursing	170.75
Buildings and Grounds	22
Therapies	21.5
Social Work	7
Power House	16
Laundry	19.4
Dietary	35.5
Housekeeping	34
C.S.R., Pharmacy, Laboratory	8.75
Administration, Personnel, Finance, Medical, Purchasing, Motor Services	25.5

Power Plant Department:

The Power Plant during 1985-86 met its goal of providing heat, light, water and electrical energy for the Centre complex and all on site agencies which include the Psychiatric Centre, Community College, Southeast Regional Library and the Saskatchewan Power Corporation Training School.

During the year, power outages were few with only one of 30 minutes duration. The Power Plant staff monitored the fire panel for the Centre on a 24 hour basis, with only one fire occurring that was of any serious nature to property.

The Power Plant is operated by 15 personnel who provide services on a 24 hour, 365 day a year basis.

Housekeeping Department:

The Housekeeping Department provides services to the Souris Valley Regional Care Centre, Weyburn Psychiatric Centre, Wascana Institute of Applied Arts and Sciences and the Southeast Community College with a combined floor surface of approximately 398,000 square feet.

The Department has maintained its high standard of sanitary housekeeping practices in order to create a safe, comfortable and therapeutic environment.

In the year 1985-86, the Housekeeping Department had an annual budget of approximately 827,000 dollars, employs 37.9 staff and utilized approximately 54,500 dollars worth of cleaning supplies.

Housekeeping staff continued to attend seminars, educational courses and scheduled department meetings throughout the year.

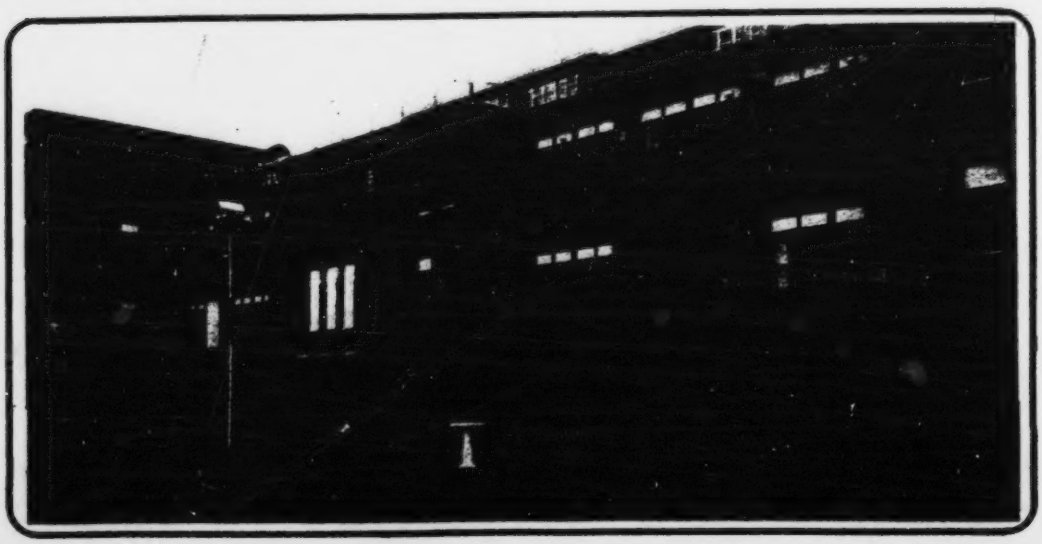
Buildings and Grounds Department:

The Maintenance Division of the Buildings and Grounds Department completed 21 capital projects during the fiscal year 1985-86. Significant among these projects are:

— Upgrading of the heating systems in several areas.
— Repairs to the Power House roof and drains.
— Enlarging of D Unit day area and the construction of a new nursing station.
— Replacing the concrete and tiles in 1C unit dormitory.
— Painting the exterior of E Floor and D Floor southeast wing.
— Upgrading the fire protection systems.
— Replacement of several doors on 1C and D Units.
— Replacement of concrete, tiles, and sewer lines on A Floor Centre Core.
— Renovations to the Information Desk and the relocation of the Nursing Administration Office, the Nursing Supervisors Office and the Coordinator of Therapies Offices.

In addition to the capital projects, a total of 4,225 shop repairs and repair requisitions were completed by the Maintenance Department.

A special project was the construction of a large patio deck between 1BS and 1BN Units. The residents' comments and compliments, along with their obvious enjoyment of having easy access to the outdoors, makes projects like this very gratifying.



Laundry Department:

The Souris Valley Regional Care Centre Laundry Department supplies, maintains, collects and distributes all linens for the Centre. A total of 1,658,298 pounds of linen were processed for the Centre and other agencies including the Weyburn Union Hospital, Weyburn Psychiatric Centre, South Saskatchewan Ambulance and Saskatchewan Supply and Services. The large volume of processed linen are categorized as follows:

Patients' Private Clothing	120,936 pounds
Large Flat Sheets	614,463 pieces
Small Flat Sheets	187,996 pieces
Bath Towels	496,066 pieces

Some upgradings were made to the work area with window replacements and air exhaust fans, as well as improvements to equipment to reduce downtime and increase efficiency levels.

Purchasing Department:

During the past year, 1,658 purchase orders were processed with a value in excess of 1.5 million dollars. The continuing cost containment program in the food service area has resulted in many changes in buying patterns and resulting search for new sources of supply.

As with other areas, Purchasing instituted the initial steps in the Quality Assurance Program by completing a Mission Statement and the supporting list of objectives.

The Central Stores are experiencing a crush for storage area as all items that were stored on D Floor are now located in the main stores. This included all tube feeds, flours and cereals, and small juices used in the Staff Cafeteria. We have however, reduced our inventory on several items and are able to cope.

Use of the Weyburn-Care-A-Van Society wheelchair bus continues to increase and we foresee this becoming an essential part of our recreational programs. There were no vehicles replaced during the year.

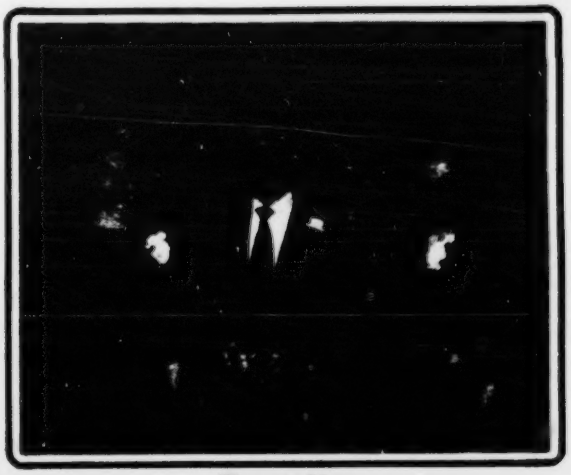
Continuous Service Awards

Ten Years

BACK ROW: Annette Baudria, Dorothy Frederick, Peter Boyle, Elmer Shaw, Mahdi Juma

FRONT ROW: Irene deVries, Grace Gammack, Sadie Kelln, Phyllis Lindskog, Debra Frank.

MISSING: Annie Borschowa, Diane Herberholz, Kenneth Hill, Jean Leippy, Glenn Mabee, Clara Ness, Earl Ness.



Twenty Years

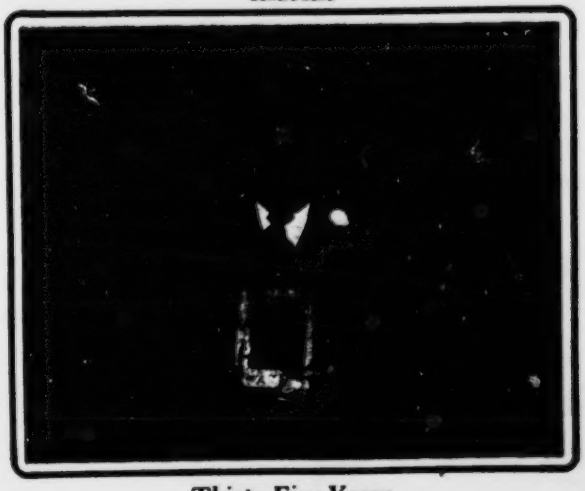
Loretta Meagher, Philip Bayerle, Ane Robillard.

Thirty Years

Edward Baird

Fifteen Years

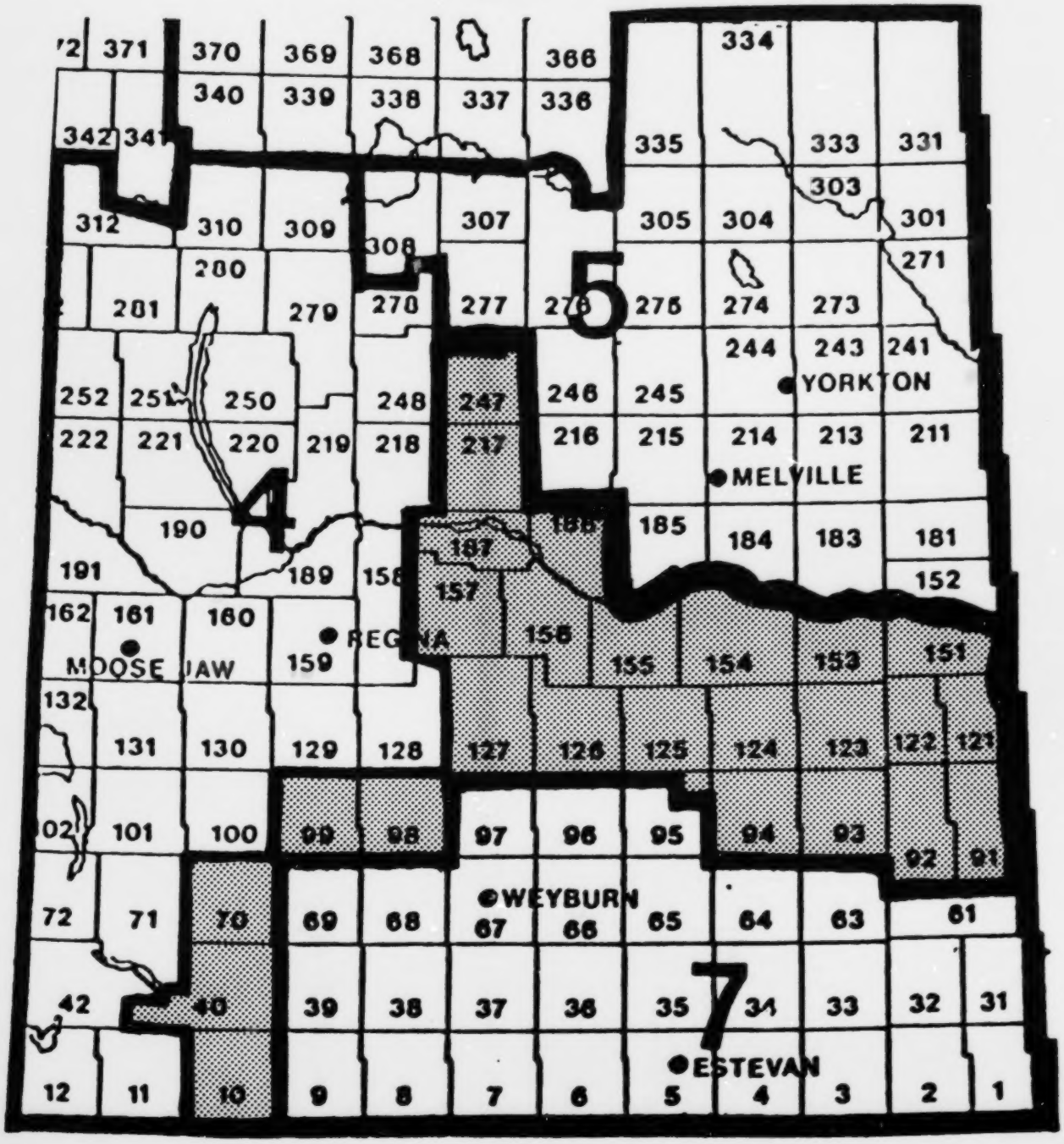
Vivian Kew. Missing: Judith McLeod, Ida Rogal.



Thirty-Five Years

Jesse Bellwell

Extended Care Hospital Service Areas



No. 7 — Original catchment area (official boundaries)

Board has established policy to accept admission (Supplementary Boundaries)